



World Federation of Athletic Training and Therapy (WFATT)
13th World Congress

Abstract Submission Guidelines

October 16-18, 2025
Dublin, Ireland

Message from the WFATT Academic Institutions Committee

Dear Students,

We are delighted to invite you to the 13th World Congress of the World Federation of Athletic Training and Therapy (WFATT), which will be held from October 16-18, 2025, at the Glenroyal Hotel & Leisure Club in Maynooth, Ireland. This event, hosted by Athletic Rehabilitation Therapy Ireland (ARTI), promises to be an exciting and enriching experience for all attendees.

The 13th World Congress will bring together professionals from various disciplines within the sports medicine community, offering a unique opportunity for collaboration, education, and sharing of cutting-edge research and practices. We are excited to announce the call for student research abstracts and encourage *un-certified* students to submit their latest findings and case studies for consideration.

This document is designed to guide you through the abstract submission process, providing detailed instructions on how to prepare and submit your abstracts, as well as information on the review process. By following these guidelines, you can ensure that your submission meets the necessary requirements and is evaluated fairly and thoroughly.

Our aim is to provide a platform for the presentation of high-quality research that will contribute to the advancement of sports medicine and athletic training/therapy globally. Those selected will be eligible to present a poster at the 13th World Congress as part of student programming.

Please note that the **deadline for abstract submission is April 20, 2025**. Accepted applicants will be informed by May 20, 2025.

Partial abstracts (i.e., context, methods) will be accepted, however, data must be collected and analyzed by the World Congress of the World Federation of Athletic Training and Therapy. To program directors and research supervisors, please note the important role you play in this process. For any projects submitted for review without complete results and conclusions sections, we ask that you serve as an initial reviewer to maintain quality and integrity. There will not be a second review process for projects completed after the May 20th deadline. Therefore, project supervisors have the responsibility of ensuring projects meet the formatting guidelines and quality standards set forth by the WFATT.

We look forward to your participation and to welcoming you to Ireland for an inspiring and productive conference.

On behalf of the WFATT Academic Institutions Committee

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DEADLINE FOR ABSTRACT SUBMISSION: April 20, 2025

1. Instructions for Submission of Abstracts and Partial Abstracts and Process for Review of All Submissions

Individuals may submit up to three abstracts as the primary author but may submit unlimited abstracts as a co-author. All abstracts will undergo blind review.

Authors are required to categorize their abstracts in one of the following specific areas of research:

- **Basic Science** - includes controlled laboratory studies in the sub-disciplines of exercise physiology, biomechanics, and motor behaviour, among others, which relate to sports medicine.
- **Clinical Studies** - includes assessment of the validity, reliability, and efficacy of clinical procedures, rehabilitation protocols, injury prevention programs, surgical techniques, etc.
- **Educational Research** - a broad category ranging from basic surveys to detailed sports medicine-related curricular development. A presentation in this category will generally include assessment of student learning, teaching effectiveness (didactic or clinical), educational materials and curricular development.
- **Epidemiological Studies** - includes studies of injury patterns among athletes or general population. These studies will generally encompass large scale data collection and analysis. Surveys and questionnaires may be classified in this category but are more likely to come under the Observation/ Informational Studies category.
- **Observation/Informational Studies** - includes studies involving surveys, questionnaires, and descriptive programs, among others, which relate to sports medicine.
- **Case Studies** - Information on a single case relating to a unique injury or outcome. Sections heading might include background, differential diagnosis, treatment, uniqueness, and conclusions.

2. Instructions for Formatting the Abstract and Partial Abstract

Provide all information requested on the Abstract Author Information Form found below.

- Abstracts and partial abstracts should be word-processed using **Times New Roman 12pt. font**. Top, bottom, right, and left margins should be set at **1.5" using a standard 8.5" x 11" paper size**. Type the title of the paper or project starting at the left margin. Left justify the paragraphs. Please **do not** save as a PDF.
- On the next line, **indent three (3) spaces and type the names of all authors**, with the author who will make the presentation listed first. Type the last name, then initials (without periods), followed by a comma. Continue with the other authors (if any), ending with a colon. Indicate the institution (including city and province/state) where the research was conducted on the same line following the name(s) of the author(s). If multiple institutions were involved with the research, list the primary institution of data collection first followed by a comma, and then the next institution. Continue this format until all institutions have been listed.

- For collaborative projects where portions of the project were conducted at different institutions, list all authors as described above then list the institutional affiliations using the following consecutive symbols (*, †, ‡, §, ¶, #, **, etc.), place the corresponding institution symbol immediately after the author's name.

2.1 Original Research

For **Original Research**, double space and begin typing the text of the abstract flush left, with single line spacing, in a single paragraph with no indentation. **Do not** include tables or figures. Partial abstracts (i.e., context, methods) will be accepted, however, data must be collected and analyzed by the World Congress. **Bold section headings: Context, Methods, Results (if applicable), and Conclusion (if applicable).**

- **The Title of your Abstract Bolded and in Title Case**
*[3 spaces]*Doe JT*, Public JQ†: *First Author's Institution Name, †Second Author's Institution.
[Blank Line]
[Blank Line]
- **Context:** Write a sentence or two summarizing the rationale for the study, providing a reason for the study question and/or uniqueness of the study. State the precise objective(s) of the report, including a priori hypotheses, if applicable. The objective/purpose statement **MUST** identify the target population, intervention or exposures, and outcomes.
- **Methods:** Describe the overall study design of the project reported (e.g., randomized controlled trial, crossover trial, cohort, or cross-sectional). Describe the environment in which the study was conducted to help readers understand the transferability of the findings (e.g., patient clinic, research laboratory or field). Describe the underlying target population, selection procedures (e.g., population-based sample, volunteer sample, or convenience sample) and important aspects of the final subject pool (e.g., number, average age, weight, height, and measures of variance, years of experience or gender). Some qualitative studies may use population data as outcome measurements instead. Appropriate sample size should be evident. Describe the independent variables (e.g., interventions, exposure) in the study. Describe the essential pieces of the experimental methods, types of materials, measurements and instrumentation utilized, data analysis procedures, and statistical tests employed. Identify primary or critical dependent variables that support the primary objective(s) of the study. Provide validity and reliability information on novel instrumentation. Survey research should state the validity and reliability of the survey and how it was validated. Indicate the statistical analysis employed to answer the primary research objective(s).
- **Results (if applicable):** The main results of the study should be given. Comparative reports must* include descriptive data (e.g., proportions, means, rates, odds ratios or correlations), accompanying measures of dispersion (e.g., ranges, standard deviations or confidence intervals) and inferential statistical data. In some qualitative research it may be appropriate for the author to list the important aspects of the final subject pool here if it is part of the outcome measurements. The exact level of statistical significance should accompany results. The P-value should not exceed 3 digits to the right of a decimal. When the exact significance is below $P < .001$, the exact significance should be reported as $P < .001$. Survey research should report a comparison between the survey sample and the overall population the findings are generalizable to.

- **Conclusions (if applicable):** Summarize or emphasize the new and important findings of the study. The conclusion must be consistent with the study objectives and results as reported and should be no more than three to four sentences. Relate implications of the findings for clinical practice and relevance to the athletic therapy profession – provide a clinical take-home message.

Word Count: Limited to 450 words, not including headings.

** The purpose of having both descriptive and inferential data is that it provides the reader with the ability to judge the concluding statements. Descriptive data provide confidence that the data are 'reliable' and provides a gauge to determine whether the inferential statistics and conclusions are meaningful. Studies reporting analysis of larger databases with multiple variables do not need to report all descriptive data. However, they should provide descriptive data for those variables that the author(s) believe to be the primary outcome(s) and support the overall conclusions of the study. Tables or figures can be efficient methods to share these results.*

2.2 Case Studies and Series

For **Case Studies and Series**, double space and begin typing the text of the abstract flush left, with single line spacing, in a single paragraph with no indentation. Do not include tables or figures. Partial abstracts (i.e., background, differential diagnosis, and uniqueness) will be accepted, however, treatment and conclusions must be included by the World Congress **Bold section headings: Background, Differential Diagnosis, Treatment (to date), Uniqueness, and Conclusion (if applicable).**

- **The Title of your Abstract Bolded and in Title Case**
[3 spaces]Doe JT*, Public JQ†: *First Author's Institution Name, †Second Author's Institution.
[Blank Line]
[Blank Line]
- **Background:** Include the individual's age, sex, sport or activity, pertinent aspects of their medical history, a brief history of their complaint, and physical findings from the athletic therapist's examination.
- **Differential Diagnosis:** Include all possible diagnoses suspected based on the history, mechanism of injury, and the initial clinical examination prior to physician evaluation and subsequent diagnostic imaging and laboratory tests.
- **Treatment (to date):** Include the physician's evaluation and state the results of diagnostic imaging and laboratory results if performed. The final diagnosis of the injury or condition and subsequent treatment and clinical course followed should be detailed. Relevant and unique details should be included, as well as the outcome of the case.
- **Uniqueness:** Briefly describe the uniqueness of this case, such as its mechanism, incidence rate, evaluate findings, rehabilitation, or predisposing factors.
- **Conclusions (if applicable):** Include a concise summary of the case as reported and highlight the case's importance to the athletic therapy profession and provide the reader with a clinical learning opportunity.

Word Count: Limited to 450 words, not including headings.

3. Instructions for Submitting the Abstract and Partial Abstract

3.1 Abstract and Partial Abstract Preparation and Review Process

Please save two copies of your abstract or partial abstract; blinded and non-blinded. The blinded copy document will be saved with just the title of your abstract or partial abstract. The non-blinded copy will be saved using the last name of the primary author and first initial followed by the title of the abstract. The WFATT Academic Institutions Review Panel uses a blind peer-reviewed process for assessing the quality of the abstracts, each abstract is evaluated by at least 2 qualified reviewers.

- I.e., Blinded: The impact of multiple concussions on cognitive processing
- I.e., non-blinded: Smith J. The impact of multiple concussion on cognitive processing

3.2 Submission Steps

Complete the Abstract Author Information form and attach the abstracts or partial abstracts using the submission portal. Ensure that you attach the proper abstracts to the correct files (i.e., blinded and non-blinded).

REMEMBER TO ATTACH THE FILES!

3.3 Presentation Information

It is expected that **all candidates** selected will present a poster. For accepted partial abstracts, it is expected that data will be collected and analyzed for original research or treatment plans and conclusions will be discussed for case studies by the World Congress of the World Federation of Athletic Training and Therapy in October 2025.

To program directors and research supervisors, please note the important role you play in this process. For any projects submitted for review without complete results and conclusions sections, we ask that you serve as an initial reviewer to maintain quality and integrity. There will not be a second review process for projects completed after the May 20th deadline. Therefore, project supervisors have the responsibility of ensuring projects meet the formatting guidelines and quality standards set forth by the WFATT.